



SJ Robinette, LMFT, LPCC, PPSC
Therapist and School Counselor

FINDING THE EDGE



Stress Management and Time Management Skills for Student Success

June 6 – July 30

for 3rd–12th Graders

Program Cost: \$650

Customized Schedules

- One parent meeting (day or evening)
- Six 45-min individualized student sessions (day)
- Twice Weekly (M & W) or Weekly (M, T, W)

Who would benefit:

- High-achieving students
- Students who regularly worry
- Students with test anxiety or other types of anxiety

Call to register and choose your times !



510-677-5347

Discounts available

Location:



1057 MacArthur Blvd. Ste. 212, San Leandro, CA 94577

